

Tele-Rehabilitation Consent Form

COVID-19 is placing stress on Canada's public health system. In an effort to heed the advice of Canada's Chief Medical Officer and to do our part in protecting staff and patients against the spread of this virus, we will begin offering tele-rehabilitation appointments for those interested. This means that we will be using video and audio technologies for some patient visits rather than asking all patients to come into our clinic. Some Physiotherapy concerns can be addressed with virtual care alone through education and exercise, but there are the limitations of being unable to perform a hands on assessment or provide hands on interventions. Despite these limitations, we are happy to be available for follow up, questions, reviewing and progressing exercise programs during this time.

As we will be performing these tele-rehabilitation visits using laptops/ tablets/ phone, there is an increased security risk that your health information may be intercepted or disclosed to third parties. We will be using a secure and recommended platform (doxy.me) for these appointments, as well as ensuring that both the device and network we are using are secure and password protected. We recommend you do the same and use secure, private, and protected devices for any tele-rehabilitation appointments (e.g. avoid public open networks).

During your initial tele-rehabilitation visit your provider will ask if you have read over this document and address any questions or concerns you may have surrounding tele-rehabilitation. At that stage, by agreeing to continue on with your provider you understand and accept that:

- There are limitations to tele-rehabilitation services including the inability to apply hands on evaluation and treatment
- There are risks associated to privacy of information, however, together, we will try to mitigate these risks by taking the steps outlined above.
- You provide consent for the transmission of information through tele-rehabilitation technologies (videoconferencing service (doxy.me))